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APPENDIX 1

Table 1. The Students' Responses to the FLCAS Questionnaire Items

NO	Questionnaire	SA	A	N	D	SD
1.	I never feel quite sure of myself when I am speaking in my English Class	3	13	10	8	2
2.	It frightens me when I don't understand what teacher is saying in English	6	8	8	9	4
3.	I start to be panic when I have to speak without preparation in English class	8	11	8	8	1
4.	I would be nervous speaking English with native speakers.	13	12	6	3	2
5.	I get upset when I don't understand what teacher is correcting.	2	15	6	8	4
6.	I don't feel confident when I speak in English class.	9	9	5	9	4
7.	I feel very self-conscious about speaking English in front of the students	6	6	10	6	2
8.	I get nervous and confused when I am speaking in my English class	6	12	8	7	3
9.	I get nervous when I don't understand every word what teacher says	6	11	9	5	5
10.	I feel overwhelmed by the	6	11	9	8	2

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	number of rules you have to learn to speak English					
11.	I would probably feel uncomfortable around native speakers of the English	12	11	4	7	2
12.	I tremble when I know that I am going to be called on in English class	4	8	13	10	1
13.	It would bother me to take more English classes	8	2	7	17	2
14.	During English class, I find myself thinking about things that have nothing to do with the course	3	7	10	9	7
15.	I am usually uncomfortable during tests in my English class	8	3	11	5	8
16.	I worry about the consequences of failing my English class	4	11	10	9	2
17.	I understand why some people get so upset over English classes	5	14	10	6	1
18.	In English class, I can get so nervous I forget things I know	8	8	6	10	4
19.	Even if I am well prepared for English class, I feel anxious about it	4	12	5	13	2
20.	I often feel like not going to my English class	3	6	7	14	6
21.	I can feel my heart pounding when I am going to be called on	4	8	10	12	2



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	in English class					
23.	The more I study for English test, the more confused I get	2	5	5	13	11
24.	I feel pressure to prepare very well for English class	3	6	11	10	6
25.	English class moves so quickly I worry about getting left behind	3	15	7	8	3
26.	I feel more tense and nervous in my English class than in my other classes	2	2	13	15	4
27.	I'm worry about making mistakes in English class	6	16	6	7	1
28.	I keep thinking that the other students are better at English than I am	9	11	10	4	2
29.	It embarrasses me to volunteer answers in English class	5	9	12	7	3
30.	I am afraid that my English teacher is ready to correct every mistake I make	2	10	13	8	3
31.	I always feel that the other students speak English better than I do	7	8	15	4	2
32.	I am afraid that the other students will laugh at me when I speak English	4	10	10	11	1
33.	I get nervous when the English teacher asks question which I haven't prepared in advance	9	11	10	5	1

Appendix 2

The Students' Scores of Speaking Ability

No.	Students	Pronun	Grammar	Vocabulary	Fluency	Comprehen	Score
1.	Student 1	5	3	5	3	3	19
2.	Student 2	3	3	3	3	3	15
3.	Student 3	5	3	3	3	3	17
4.	Student 4	3	3	3	1	3	11
5.	Student 5	3	1	1	3	3	11
6.	Student 6	5	3	3	3	3	17
7.	Student 7	3	3	3	3	3	15
8.	Student 8	3	3	3	5	3	17
9.	Student 9	3	3	3	3	3	15
10.	Student 10	3	3	3	5	3	17
11.	Student 11	3	3	1	3	3	13
12.	Student 12	3	1	1	1	1	7
13.	Student 13	5	3	3	5	3	19
14.	Student 14	1	1	1	3	1	7
15.	Student 15	3	3	5	3	3	17
16.	Student 16	3	3	3	1	3	13
17.	Student 17	1	1	1	3	1	7
18.	Student 18	5	5	5	3	3	21
19.	Student 19	3	1	1	1	3	9
20.	Student 20	5	3	3	5	3	19
21.	Student 21	3	3	3	3	3	15
22.	Student 22	5	3	5	3	3	19
23.	Student 23	1	1	1	1	3	7
24.	Student 24	3	3	3	3	3	15
25.	Student 25	5	3	3	3	3	17
26.	Student 26	5	3	3	3	3	25
27.	Student 27	3	3	3	5	3	17
28.	Student 28	3	3	3	1	1	11
29.	Student 29	1	1	3	3	1	9
30.	Student 30	3	1	1	1	3	9
31.	Student 31	3	3	1	3	3	13
32.	Student 32	3	1	1	3	1	9
33.	Student 33	1	1	1	1	3	7
34.	Student 34	1	3	1	3	3	11
35.	Student 35	3	1	3	1	1	9
36.	Students36	3	1	1	3	3	11



APPENDIX 3

r-table Table df 1-50

df=(N-2)	Tingkat signifikansi untuk uji satu arah				
	0.05	0.025	0.01	0.005	0.0005
	Tingkat signifikansi untuk uji dua arah				
	0.1	0.05	0.02	0.01	0.001
1	0.9877	0.9969	0.9995	0.9999	1.0000
2	0.9000	0.9500	0.9800	0.9900	0.9990
3	0.8054	0.8783	0.9343	0.9587	0.9911
4	0.7293	0.8114	0.8822	0.9172	0.9741
5	0.6694	0.7545	0.8329	0.8745	0.9509
6	0.6215	0.7067	0.7887	0.8343	0.9249
7	0.5822	0.6664	0.7498	0.7977	0.8983
8	0.5494	0.6319	0.7155	0.7646	0.8721
9	0.5214	0.6021	0.6851	0.7348	0.8470
10	0.4973	0.5760	0.6581	0.7079	0.8233
11	0.4762	0.5529	0.6339	0.6835	0.8010
12	0.4575	0.5324	0.6120	0.6614	0.7800
13	0.4409	0.5140	0.5923	0.6411	0.7604
14	0.4259	0.4973	0.5742	0.6226	0.7419
15	0.4124	0.4821	0.5577	0.6055	0.7247
16	0.4000	0.4683	0.5425	0.5897	0.7084
17	0.3887	0.4555	0.5285	0.5751	0.6932
18	0.3783	0.4438	0.5155	0.5614	0.6788
19	0.3687	0.4329	0.5034	0.5487	0.6652
20	0.3598	0.4227	0.4921	0.5368	0.6524
21	0.3515	0.4132	0.4815	0.5256	0.6402
22	0.3438	0.4044	0.4716	0.5151	0.6287
23	0.3365	0.3961	0.4622	0.5052	0.6178
24	0.3297	0.3882	0.4534	0.4958	0.6074
25	0.3233	0.3809	0.4451	0.4869	0.5974
26	0.3172	0.3739	0.4372	0.4785	0.5880
27	0.3115	0.3673	0.4297	0.4705	0.5790
28	0.3061	0.3610	0.4226	0.4629	0.5703
29	0.3009	0.3550	0.4158	0.4556	0.5620
30	0.2960	0.3494	0.4093	0.4487	0.5541
31	0.2913	0.3440	0.4032	0.4421	0.5465

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32	0.2869	0.3388	0.3972	0.4357	0.5392
33	0.2826	0.3338	0.3916	0.4296	0.5322
34	0.2785	0.3291	0.3862	0.4238	0.5254
35	0.2746	0.3246	0.3810	0.4182	0.5189
36	0.2709	0.3202	0.3760	0.4128	0.5126
37	0.2673	0.3160	0.3712	0.4076	0.5066
38	0.2638	0.3120	0.3665	0.4026	0.5007
39	0.2605	0.3081	0.3621	0.3978	0.4950
40	0.2573	0.3044	0.3578	0.3932	0.4896
41	0.2542	0.3008	0.3536	0.3887	0.4843
42	0.2512	0.2973	0.3496	0.3843	0.4791
43	0.2483	0.2940	0.3457	0.3801	0.4742
44	0.2455	0.2907	0.3420	0.3761	0.4694
45	0.2429	0.2876	0.3384	0.3721	0.4647
46	0.2403	0.2845	0.3348	0.3683	0.4601
47	0.2377	0.2816	0.3314	0.3646	0.4557
48	0.2353	0.2787	0.3281	0.3610	0.4514
49	0.2329	0.2759	0.3249	0.3575	0.4473
50	0.2306	0.2732	0.3218	0.3542	0.4432

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APPENDIX 4

Speech Text

Healthy Life for Healthy Future

A healthy life is very important for our future. We can start with small steps, like eating good food, drinking plenty of water, and exercising every day. These simple habits help our bodies stay strong and avoid getting sick. When we take care of our health now, we will have more energy to do the things we love as we grow older.

Besides physical health, we also need to take care of our minds. Getting enough sleep and resting well helps us stay happy and focused. By choosing healthy habits today, we are preparing ourselves for a better and more successful life. It is never too late to start, and every small choice helps us build a brighter future.

The Importance of Regular Exercise

Exercise is very important for our health because it makes our body much stronger and gives us the energy we need for daily activities. When we exercise regularly, our heart becomes healthier and our blood flows better, which helps us stay active without feeling tired quickly. We do not need to do difficult sports; even simple activities like walking, jogging, or cycling every day can help us maintain a healthy weight and prevent many illnesses in the future.

In addition to physical health, exercise is also great for our mental well-being and helps us stay happy. Moving our body releases special chemicals in the brain that reduce stress and make us feel more relaxed after a busy day of work or study. Furthermore, people who exercise often find it easier to sleep at night and can focus better on their tasks during the day. By spending just thirty minutes every day to be active, we can build a more balanced and positive lifestyle for ourselves.



Fast Food In Our Daily Life

Fast food is a popular choice for many people because it is quick, convenient, and affordable. Most fast food restaurants serve items like burgers, fries, and fried chicken that are ready in just a few minutes. This is very helpful for busy people who do not have enough time to cook at home. However, fast food is often high in salt, sugar, and unhealthy fats, which can lead to health problems if eaten too often.

While fast food is delicious and easy to find, it is important to balance it with healthy meals. Eating fresh fruits, vegetables, and homemade food provides the vitamins and minerals that our bodies need to stay strong. We can still enjoy fast food occasionally, but making mindful choices is the best way to maintain a healthy lifestyle. Choosing smaller portions or water instead of soda can make a big difference in our overall well-being.

APPENDIX 5

Lampiran 16: Kartu Bimbingan Proposal / Skripsi

KARTU BIMBINGAN PROPOSAL / SKRIPSI PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN UNIVERSITAS ISLAM INDRAGIRI				
NAMA	: Shagya Sastra Wmaya			
NIM	: 502221010012			
JUDUL SKRIPSI	: The Correlation Between Speaking Anxiety and Students' Public Speaking Ability Of XI Grade Students At SMA Negeri 1 Tenbraban Hulu			
PEMBIMBING I	: Edi Ardian, SS, MA			
PEMBIMBING II	: Sri Erna Purwati, N Pd			
NO	TANGGAL	URAIAN	TANDA TANGAN Pembimbing I Pembimbing II	
1	23/11/2026	- Margin - "Public Phobia" diganti jadi Public speaking anxiety		
2	26/11/2026	- Ubah Judul - Indikator & komponen diubah - tambahkan types of public speaking		
3	27/11/2026	- ubah beberapa pendapat - cari teori dari researcher lain		
4	28/11/2026	- Indikator & komponen disatukan - cari rubrik penilaian dan samakan dgn indikator		
5	29/11/2026	ACC		



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6	31/1/26	- gaya semua himpunan semua yg ada kata 'public' nya - tambahkan sumber di table indikator		Sep
7	2/2/26	ACC		Sep
8	13/7/26	- cover - Chapter IV - conceptual frame work - Research Finding		Sep
9	16/7/26	- Abstrak		Sep
10	15/7/26	ACC		Sep
11				
12				
13				

APPENDIX 6

Nama : SHIAGYTA SASTRA WINAYA
NIM : 502221010012
Program Studi : PENDIDIKAN BAHASA INGGRIS
Judul Proposal/Skripsi : The Correlation Between Speaking Anxiety and Students' Speaking Ability At SMA Negeri 1 Tembilahan Hulu

NO	DOSEN PENGUJI	REVISI PERBAIKAN	TANDA TANGAN
1	Samsul Amri, M.Pd	1. Abstract. 2. Mean score in abstract 3. Topic of the speech 4. Specific sampling technique.	
2	Syafrizal, M.Pd	1. Documentation. 2. Explain more about anxiety. 3. Explain more about the process of speaking test 4. Hypothesis	21-8-26
3	Melda Yeni, M.Pd	1. Purpose 2. Grammar. 3. Add sources at table 4. Consistency of writing	

Tembilahan, 21 September 2026

Mengetahui,

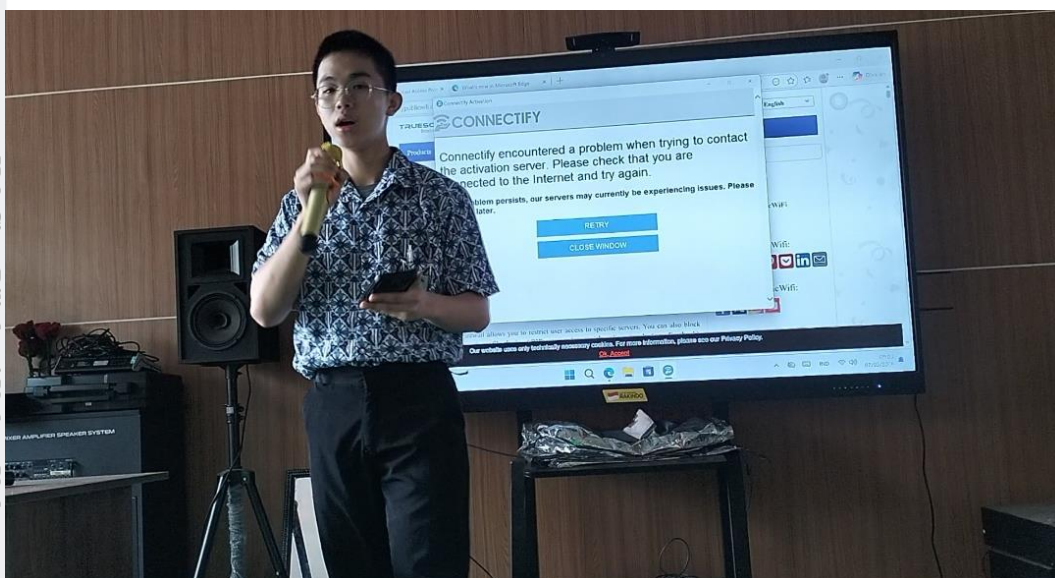
Pembimbing I

Edi Ardian, SS., MA

Pembimbing II

Sri Erma Purwanti, M.Pd

DOCUMENTATION



Picture 1. The first day of students' speaking test



Picture 2. The second days of students' speaking test

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RIWAYAT SINGKAT PENULIS

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Konsentrasi : Pendidikan Bahasa Inggris
Pekerjaan : Mahasiswa

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(2015-2018) SLTP : SMP Negeri 1 Tembilahan Hulu
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(2022-2026) S1 : Universitas Islam Indragiri

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