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AN ANALYSIS OF ENGLISH SPEAKING ANXIETY IN THE TENTH GRADE AT SMAN 2 TEMBILAHAN IN THE ACADEMIC YEAR 2025/2026

A THESIS

Submitted to Fulfill One of Requirements for Award of *Sarjana* Degree (S1)
in English Study Program



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2026**

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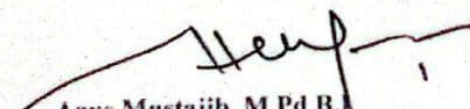
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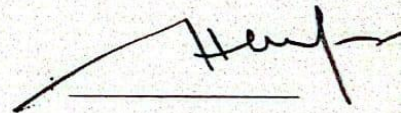
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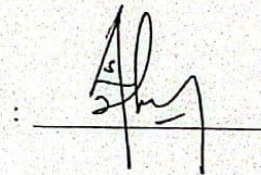
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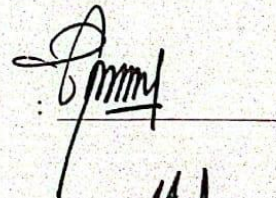
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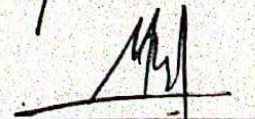
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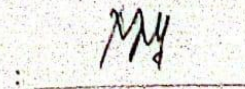
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I truly declare that this thesis is my own original work, except for quotations (either directly or indirectly) that have been properly acknowledged and cited in the references. I am fully responsible for the authenticity and accuracy of the data presented in this thesis.

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ACKNOWLEDGEMENT

All praise is due to Allah Subhanahu wa ta'ala. for His countless blessings, mercy, and guidance, which have enabled the author to complete this thesis entitled **"An Analysis of English Speaking Anxiety in the Tenth Grade at SMAN 2 Tembilahan in the Academic Year 2025/2026"**. May peace and blessings be upon Prophet Muhammad Sallallahu 'alaihi wa sallam, for his family, his companions, and all those who follow his teachings until the day of judgment. This thesis was written to fulfill one of the requirements for obtaining the Bachelor of Education (S.Pd.) degree in the English Education Study Program, Faculty of Teacher Training and Education, Islamic University of Indragiri.

The author sincerely acknowledges that this thesis would not have been accomplished without the invaluable support, encouragement, and prayers from many individuals. Therefore, the author would like to express profound gratitude to:

1. Dr. H. Najamuddin, Lc., M.A, as the Rector of Islamic University of Indragiri.
2. Andriansyah, M.Pd., as the Dean of the Faculty of Teacher Training and Education.
3. Samsul Amri, S.Pd. M.Pd., as the Head of the English Study Program.
4. Agus Mustajib, S.Pd, M.Pd.B.I, as the researcher's first supervisor, for his invaluable guidance, unwavering patience, thoughtful advice, and continuous encouragement throughout every stage of this research. His willingness to dedicate his time, share his knowledge, and provide detailed explanations has



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been instrumental in helping me complete this thesis. Beyond being supervisor, he has also been one of the lecturers whose teaching style the researcher found the easiest to understand, making every lesson meaningful and inspiring. His guidance, kindness, and constant support have not only strengthened this research but have also contributed significantly to my academic growth. The researcher deeply grateful for everything he has done throughout this journey.

Sri Erma Purwanti, S.Pd, M.Pd, as the researcher's second supervisor and academic advisor, the researcher would like to express my deepest appreciation for her exceptional guidance, remarkable patience, and constant encouragement throughout the completion of this thesis. In addition to being supervisor, she has also been one of the most influential lecturers in academic life. From her teaching, the researcher has learned the true meaning of being a caring, dedicated, and competent educator. Her enthusiasm for teaching, wise suggestions, and sincere concern for her students have motivated me to grow into a better future teacher. The researcher will always hold deep gratitude for her kindness, direction, and the meaningful lessons she has shared, both in and beyond the classroom.

6. All lecturers of English Study Program at Islamic University of Indragiri, who have provided valuable knowledge, experiences, and meaningful learning throughout the course of my study.
7. Aminatuzzuriyah, S.Pd, as the researcher's supervising teacher during the Teaching Practicum, for warmly welcoming me into her classroom and treating me as part of the school. Her guidance extended beyond teaching techniques;



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she taught the researcher the importance of patience, empathy, and building meaningful relationships with students. Every piece of advice she shared became a valuable lesson that strengthened both my confidence and my passion for teaching. The researcher deeply thankful for her generosity in sharing her experiences and for believing in my ability to become a better teacher.

For all my wonderful students, thank you for welcoming the researcher so warmly into your classroom, for always waiting for my arrival with such enthusiasm, and for embracing every lesson with open hearts throughout my Teaching Practicum. Every smile, question, and moment we shared became a priceless learning experience that helped the researcher grow not only as a preservice teacher but also as a person. It was not only you who learned from the researcher, the researcher was the one who learned so much because of you. Thank you for reminding the researcher that teaching is not only about sharing knowledge but also about building meaningful connections and continuing to learn every day. You have strengthened my passion for becoming an educator, and the researcher will always cherish the memories we created together.

9. For my beloved parents, especially the researcher's dearest mother, no words will ever be enough to express the depth of the researcher's gratitude for being born to and raised by such an extraordinary woman. She is the strongest woman the researcher has ever known, the one who taught the researcher that true love is not merely spoken through words but demonstrated through endless sacrifices and unwavering perseverance. The researcher has witnessed how she willingly gave her time, strength, dreams, and even her own happiness to



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ensure that her children could grow, learn, and pursue their aspirations. Through every hardship and challenge life placed before her, she never once gave up. The researcher would like to express sincere gratitude for being the safest place the researcher has ever called home, a protector in every moment of fear, the greatest source of encouragement whenever the researcher wanted to give up, and the one who continued to believe in the researcher even when the researcher struggled to believe in herself. Her endless prayers, the tears she quietly hides, and the countless sacrifices she never spoke of are the reasons the researcher has been able to stand where she is today. Every achievement the researcher has accomplished is, in truth, a reflection of her unconditional love, unwavering strength, and the prayers that have guided every step of the Author's journey. This thesis is not solely the result of the researcher's own efforts, but also the fruit of her parents' endless prayers, selfless sacrifices, and unconditional love that have strengthened the Author throughout every stage of life. No accomplishment could ever repay everything they have done. With the deepest love, respect, and gratitude, the researcher dedicates this humble work to her beloved parents, who have always been the greatest inspiration behind every dream the Author has dared to pursue. May Allah Subhanahu wa ta'ala always bless them with good health, endless happiness, a life filled with His blessings, and His infinite mercy in this world and the hereafter.

10. For beloved extended family, the researcher would like to express sincere gratitude for the endless love, prayers, encouragement, and support throughout this academic journey. The researcher is deeply thankful for the financial



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assistance and every form of support that helped meet many of the researcher's needs during the years of study. Their kindness and unwavering belief in the researcher have been a great source motivation to keep moving forward. The researcher is truly grateful to have such a caring and supportive family. Every contribution, whether great or small, has played a meaningful role in helping the researcher reach this milestone.

11. For the researcher's classmates, especially Rinu Riana, Nazlin, Riska Amelia sincere appreciation is extended for the friendship and support shared throughout this academic journey. Thank you for the countless memories, laughter and the moments of learning and growing together. Every discussion and word of motivation has made this journey more meaningful and enjoyable. The researcher is truly grateful to have shared this chapter of life with such wonderful friends. May each of you achieve your dreams and be blessed with success, happiness, and a bright future ahead.
12. Finally, the researcher would like to express heartfelt gratitude to herself for having the courage to begin this journey and the determination to see it through. Thank you for choosing to keep moving forward despite the countless challenges, moments of self-doubt, exhaustion, and uncertainty along the way. This achievement is a reminder that every sleepless night, every tear, and every effort has been worthwhile. The Researcher is proud of how far she has come and hopes that this accomplishment will serve as the beginning of many greater achievements in the future.



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The author realizes that this thesis still has many shortcomings and errors.

Therefore, any constructive criticism and suggestions are highly welcomed to improve this work and will be beneficial for both the author and the readers.

Tembilahan, 24th June 2026

The Researcher





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ABSTRAK

Fitriany Oktavia. 2026. Analisis Kecemasan Berbicara Bahasa Inggris pada Siswa Kelas X di SMAN 2 Tembilahan Tahun Ajaran 2025/2026.

Kemampuan berbicara merupakan salah satu keterampilan penting dalam pembelajaran bahasa Inggris karena memungkinkan siswa menyampaikan gagasan, perasaan, dan informasi secara lisan. Namun, dalam proses pembelajaran, sebagian siswa masih mengalami kecemasan ketika berbicara bahasa Inggris, seperti merasa gugup, takut melakukan kesalahan, kurang percaya diri, dan khawatir memperoleh penilaian negatif dari orang lain. Kondisi tersebut dapat menghambat keaktifan dan kemampuan siswa dalam berkomunikasi menggunakan bahasa Inggris. Penelitian ini bertujuan untuk mengetahui tingkat kecemasan berbicara bahasa Inggris pada siswa kelas X di SMAN 2 Tembilahan Tahun Ajaran 2025/2026. Penelitian ini menggunakan desain deskriptif dengan pendekatan kuantitatif. Populasi penelitian berjumlah 76 siswa kelas X, sedangkan sampel penelitian terdiri atas 31 siswa kelas X Merdeka 1 yang dipilih menggunakan teknik *purposive sampling*. Instrumen penelitian berupa angket yang terdiri atas 20 pernyataan berdasarkan tiga indikator kecemasan, yaitu kecemasan berkomunikasi, kecemasan menghadapi tes, dan ketakutan terhadap penilaian negatif. Data dianalisis menggunakan statistik deskriptif dengan menghitung nilai rata-rata (*mean score*) dan dibantu *aplikasi IBM SPSS Statistics*. Hasil penelitian menunjukkan bahwa tingkat kecemasan berbicara bahasa Inggris siswa berada dalam kategori tinggi dengan nilai rata-rata sebesar 3,55. Siswa cenderung merasa gugup ketika berbicara bahasa Inggris, takut melakukan kesalahan, serta khawatir terhadap penilaian negatif dari guru dan teman sekelas. Dengan demikian, dapat disimpulkan bahwa siswa kelas X di SMAN 2 Tembilahan memiliki tingkat kecemasan berbicara bahasa Inggris yang tinggi.

Kata Kunci: *Kecemasan berbicara bahasa Inggris, Berbicara, Deskriptif Kuantitatif.*



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ABSTRACT

Fitriany Oktavia. 2026. An Analysis of English Speaking Anxiety in the Tenth Grade at SMAN 2 Tembilahan in the Academic Year 2025/2026.

Speaking is an essential skill in English language learning because it enables students to express their ideas, feelings, and information orally. However, some students still experience anxiety when speaking English, such as nervousness, fear of making mistakes, lack of self-confidence, and concern about receiving negative evaluations from others. These conditions may hinder students' participation and ability to communicate effectively in English. This research aimed to determine the level of English speaking anxiety among tenth-grade students at SMAN 2 Tembilahan in the academic year 2025/2026. This research employed a descriptive quantitative design. The population consisted of 76 tenth grade students, while the sample comprised 31 students from class X Merdeka 1, who were selected using purposive sampling. The research instrument was a questionnaire consisting of 20 statements based on three indicators of speaking anxiety: communication apprehension, test anxiety, and fear of negative evaluation. The data were analyzed using descriptive statistics by calculating the mean score with the assistance of IBM SPSS Statistics. The findings showed that the students' English speaking anxiety was categorized as high, with an overall mean score of 3.55. Most students felt nervous when speaking English, were afraid of making mistakes, and worried about receiving negative evaluations from their teacher and classmates. Therefore, it can be concluded that the tenth grade students at SMAN 2 Tembilahan experienced a high level of English speaking anxiety.

Key words: *English Speaking Anxiety, Speaking, Descriptive Quantitative Research.*



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